

10 Day Cleanse Program

DISCLAIMER OF LIABILITY FOR HEALTH CARE RELATED SERVICES

Davina Sandground through Nutrition Groove, LLC (the “Coach”) encourages the Client to continue to visit and to be treated by his/her healthcare professionals, including, without limitation, a physician. The Client understands that the Coach is not acting in the capacity of a doctor, licensed dietician, psychologist or other licensed or registered professional. Accordingly, the client understands that the Coach is not providing health care or medical services and will not diagnose, treat or cure in any manner whatsoever any disease, condition or other physical or mental ailment of the human body.

The Client has chosen to work with the Coach and understands that the information received should not be seen as medical or nursing advice and is certainly not meant to take the place of your seeing licensed health professionals.

PERSONAL RESPONSIBILITY AND RELEASE OF HEALTH CARE RELATED CLAIMS

The Client acknowledges that the Client takes full responsibility for the Client’s life and well-being, and all decisions made during and after this 10 day program (the “Program”).

The Client expressly assumes the risks of the Program, whether or not such risks were created or exacerbated by the Coach. The Client releases the Coach, his/her heirs, executors, administrators and assigns, its officers, directors, shareholders, employees, teachers, lecturers, agents, health coaches and staff (collectively, the “Releasees”) from any and all liability, damages, causes of action, allegations, suits, sums of money, claims and demands whatsoever, in law, admiralty or equity, against the Releasees, which the Client ever had, now has or will have in the future against the Releasees, arising from the Client’s past or future participation in, or otherwise with respect to the Program.

CONFIDENTIALITY

The Client acknowledges the Coach will keep all information exchanged during the program in strict confidence. Additionally, the Client is aware that the Coach is prohibited from disclosing protected healthcare information, except upon written authorization by the Client.

CHOICE OF LAW, ARBITRATION AND LIMITED REMEDIES

This disclaimer shall be construed according to the laws of the Washington, D.C. In the event that any provision of this disclaimer is deemed unenforceable, the remaining portions of the disclaimer shall be severed and remain in full force. In the event a dispute arises between the

parties, either arising from this disclaimer or otherwise pertaining to the relationship between the parties, the parties will submit to binding arbitration before the American Arbitration Association (Commercial Arbitration and Mediation Center for the Americas Mediation and Arbitration Rules) in Washington, D.C. Any judgment on the award rendered by the arbitrator(s) may be entered in any court having jurisdiction thereof. Such arbitration shall be conducted by a single arbitrator. The sole remedy that can be awarded to the Client in the event that an award is granted in arbitration is refund of the Program Fee. Without limiting the generality of the foregoing, no award of consequential or other damages, unless specifically set forth herein, may be granted to the Client.

If the terms of this disclaimer are acceptable, please sign the acceptance below. By doing so, the Client acknowledges that: (1) he/she has received a copy of this disclaimer; (2) he/she has had an opportunity to discuss the contents with the Coach and, if desired, to have it reviewed by an attorney; and (3) the Client has read, understands, accepts and agrees to abide by the terms hereof.

Coach _____ Signature _____ Date _____

Client _____ Signature _____ Date _____